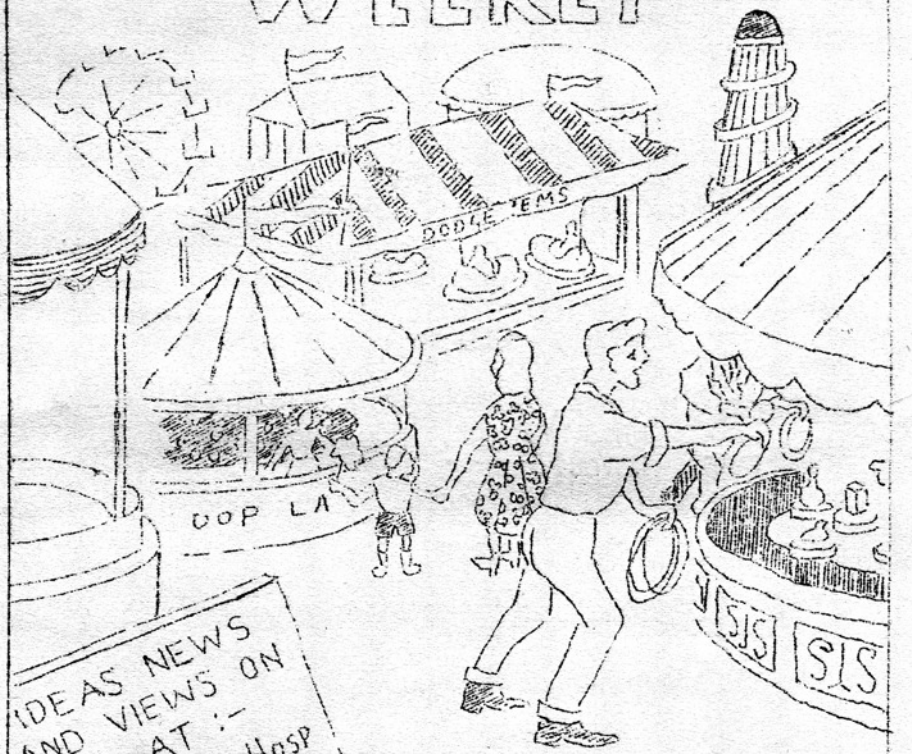
10 MAY 1961

MOOR NEWS WEEKLY



IDEAS NEWS
AND VIEWS ON
LIFE AT :-
MOORHAVEN HOSP
IVYBRIDGE
S. DEVON

No. 184. Moor News Weekly (Founded 1950) 10th May, 1961.

E D I T O R I A L

The Editor and his family did not succumb to the rigours of the Devon coastal clime. In fact, from all accounts we fared much better than here at Bittaford. It was quite strange to comeback on Sunday, having not seen a newspaper, heard a radio, or seen any 'telly' for one whole week! We found the Start Bay corner of Devon well worth exploring, and can really recommend it.

The news of Mr. Brinley Quick's promotion certainly came as news to us! Mr. Quick, as you no doubt can remember, was in at the start as a member of the Editorial Board when the Moor News became a weekly, combining a monthly Moor News and the Patients' Weekly News Sheet. He also played a great part in the integration programme, as Chairman of the Staff Working Party. For these and for his many other endeavours we thank him and wish him and his family much success for the future.

The Haven Social Club Committee are going ahead with their plans to have their Club night in the Female Handicraft Room. Of course, it will be up to the patients to keep it going once the evening venture has started. Don't forget the inaugural evening - Wednesday, 17th May, 1961 from 6.15 p.m.

Staff can help by spreading the news around.

News from all sources, and articles, should be addressed to THE EDITOR, MOOR NEWS WEEKLY, MOORHAVEN HOSPITAL, IVYBRIDGE, SOUTH DEVON.

All articles must be accompanied by the name of the sender, even though you may wish to use a nom-de-plume. Articles for publication in Moor News Weekly of 17th May, 1961, must reach the Editor's desk before 3 p.m. on Friday, 12th May.
Tel. No. IVYBRIDGE 411. Ext. 271.

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FOR SALE:- 1960 PUCH SCOOTERETTE 49CC £40 o.n.o.
Owner going abroad.

Please apply to:- Miss F. Wickes, 3 Rosedale Avenue, Peverell, Plymouth.(As owner is staff midwife on night-duty at Freedom Fields Hospital, please contact to arrange convenient time for viewing.)

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N E W S O F THE W E E K.

Hospital League of Friends Annual General Meeting.

"MISS VICKERS ACCEPTS CHALLENGE" Miss Joan Vickers, Devonport's M.P., said she had been "challenged" to talk on the recent Mental Health Act when she presided over the Annual meeting of the Moorhaven Hospital League of Friends in the Recreation Hall on Saturday.

She brought with her a small pile of papers, a copy of the Act, and an account of the House of Lords debate on the subject, and told the meeting she was ready to answer questions. The Act, she said, was not as drastic as had seemed at first, and meant many advances in psychiatric methods. Tremendous progress would be made in the years ahead. Tuberculosis sanatoria had to a large extent been able to close down, and in fifteen years time, in the same way, there may be only half as many places needed for mental patients. As many as 75,000 beds would become redundant if there were a fifty per cent reduction in the number of mental patients in hospitals.

Presenting the Annual Report, the Chairman of the League, Mr. A. J. Leland, said membership had grown by 40 to 280 during the year. The flag day in Plymouth brought in £228, with £60 from Plympton. A further £100 had been set aside for the Sports Pavilion and Staff Recreation Building, now being built, making a total of £600 for the project. Another £100 had been set aside for the Church Renovation Fund, and £500 for the purchase of a 14 seater bus to take patients on small outings.

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PROMOTION FOR MR. B. QUICK

Our congratulations this week go to Mr. Brinley Quick, Deputy Chief Male Nurse, on his promotion to Principal Nursing Officer, at St. Clements Hospital, Ipswich. Mr. Quick will be in charge of all nursing administration at the hospital, both male and female, and he will have mixed nursing administrative staff under him. He is taking over from a Matron who has held the post for two years. St. Clements Hospital, in the City of Ipswich, has 500 beds, plus a Day Hospital, and a large out-patients department which caters for 5,000 out-patients per year.

Mr. Quick who has been at Moorhaven Hospital for almost four years, first as Assistant Chief Male Nurse and then as Deputy Chief Male Nurse, will be greatly missed in many ways, particularly in the field of social activities in which he has played a leading part. To Mr. and Mrs. Quick and their son Roger, who is shortly leaving Grammar School to go to University, we send our best wishes for the future.

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HAVEN SOCIAL CLUB - Another success for the Club on Thursday evening last when approximately 60 patients attended the Tombola Session. Prizewinners were:- T. Trevethan, Mr. Nielson, R. Parker, A. Begley, T. Lakey, M. Lennon, R. Knight, G. Habbakuk, A. Payne, J. Medland

SPECIAL CAKE FOR MARSHALL CLINIC

As readers of Monday's Western Morning News will have seen, a "Tea Party" was held by the Barbican Old Folks Club in honour of Ald. Mrs. Jacquetta Marshall, past Chairman of the Hospital Management Committee and the first woman Lord Mayor of Plymouth, who has represented Sutton Ward, as a Labour member on the City Council for thirty-six years.

There were no actual presents, but a cake in the form of an "Open Book" was cut by Ald. Mrs. Marshall. The Matron, Miss Britton, and Mrs. A. K. Osborne were there as representatives of the Hospital, and they received from Mrs. Marshall a large portion of the cake for presentation to the patients of the Marshall Clinic, which, as we all know, was named after Ald. Mrs. Marshall. The "Gift" section of the cake was given to a male and female representative of the Marshall Clinic patients by Matron, who gave a vote of appreciation for Ald. Mrs. Marshall, for her generosity, and rememberance and, above all, her kindness.

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PRIZE-GIVING DAY AND DANCE

A fortnight today, Wednesday, 24th May, will be Prize-Giving Day. Miss B. Fawkes, Education Officer for the General Nursing Council, will be here as Principal Speaker and to present the prizes. Proceedings will commence in the Recreation Hall at 3.15 p.m. In the evening there will be the Annual Prize-Giving Staff Dance in the Recreation Hall from 8 p.m. to 12 midnight. Harry Brown and his band will be in attendance. Fully licensed bar, refreshments and late night transport arranged as required. TICKETS - 3/6d. each. N.B. Cadets and Student Nurses should apply to Matron/Chief Male Nurse for their complimentary tickets

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CHELSEA FLOWER SHOW - Tickets Available!

Chelsea Flower Show is not only an opportunity for the plant collector and the hybridist to show the results of their work, but it is also the greatest floral spectacle in the world - last year for example, there were over a million orchid plants on show. There are a number of complimentary tickets available for the 17th: 18th and 19th, of May. Anybody interested should contact the Editor.

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WEATHER REPORT - April 1961

Maximum Temperature .. .. 68°
Minimum Temperature .. .. 36°
Most rain fell on the 19th - 1·07 inches and on the 20th 93"
Number of wet days - 22. Total rain for the month - 7·55"

Total rain for April 1960 - 5·02"

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Ramblers Unite.

Monday evening saw a party of twenty leave the Entertainments Store for what turned out to be a very enjoyable evening's walk. The wind was a little blustery, though exhilarating may be a better description. We walked along some lanes, near Ugborough - the hedges looking grand with ferns and bluebells. It was noted that the electric pylon cables carry 132,000volts - some energy. We stopped for refreshments at the Kingsbridge Arms. Everyone talked quite freely and happily, arriving back with many remarks of "It's much better than watching TV. every evening".

"The Young in Spirit".

A CORNISH WELCOME.

An all-day outing 'over the border' took place on 29th April, in which nearly eighty members of staff and patients took part. The weather looked very promising when we departed from the Hospital at 9.30 a.m., and via the new ferry at Torpoint we arrived at Liskeard at 11 a.m. for a short stop. From there we travelled to St.Austell, where a picnic lunch was partaken in the Methodist School Room of St.John's, in the centre of the town. Hot water for the tea was given gladly by the catering staff of Sedgemoor Priory whom we wish to thank. After a short spell in St. Austell, where we were caught in an April shower, the party proceeded to Truro. It was market day and this cathedral city was crowded. Here, another half-hour or more was spent shopping and sight-seeing - the Cathedral drawing much interest. This was a whistle-stop tour, for soon we had to be on our way to St.Lawrence's Hospital, Bodmin, for what was to be the highlight of a crowded day. A very acceptable high tea awaited us in Foster Hall, where we were welcomed by the Chief Male Nurse, the Catering Officer, Mr. Jones, the games - organiser, and Mr. Reg. Hard. Afterwards, followed a really first-class dance, accompanied by the Staff Band. Many prizes were won by the dancers, which had been presented by the Glanmoor Social Club. The Druids, the premier Rock'n'Roll Band in Cornwall, provided another lively half-hour after the serving of more refreshments.

After thanking our hosts sincerely for the wonderful way in which they had entertained us we left St.Lawrence's and commenced our homeward journey. The day was not yet over, however, as the last, but ever popular stopping point was to quench our thirst at the Half Way House, somewhere on the Bodmin/Liskeard Road. A very tired but happy crowd eventually returned at midnight, after a day well spent. Thanks are due to patients and staff of St.Lawrence's Hospital, our own Catering Staff for providing the picnic lunch, and all others who helped to make this wonderful trip possible.

On Wednesday, 3rd May, we were pleased to welcome at Moorhaven Hospital, seventy lay-people and clergy of the Woodleigh Deanery for their Ruri-decanal Conference. This is probably the first time that a Church Conference has been held in a Hospital such as ours, and once again Moorhaven sets a precedent. The Conference was held here at the invitation of Dr. Pilkington as part of our World Mental Health Year Programme. The visitors assembled in the Recreation Hall to hear a talk by Dr. Pilkington, which he had called "A Peep into the Past", in which he described the many changes and advances in the care and treatment of the mentally ill which had taken place since the opening of Moorhaven in 1891. This was followed by an Armchair Tour of Moorhaven and Moorfields Hospitals, in which our visitors were able to see coloured slides of the Hospital and its activities, with a recorded commentary. The Conference then adjourned for tea, provided by Mr. Siddall and the Catering Staff. Much appreciation was expressed at the quality of the refreshments provided, and one member was heard to remark that if the food was always like this she wouldn't mind staying! Dr. Pilkington then gave a short talk on "The New Outlook for Mental Health", in which he discussed some of the future plans for the care and treatment of mental illness and for the preservation of mental health. He stressed the need for greater public awareness of the problems of mental disorder and for understanding and tolerance and said that in the future more mentally ill people would be living in the community, which meant that the public should be more ready to accept such patients who might be only partly recovered, but who could not be helped any further in Hospital. The Conference then divided into small groups for a short-conducted tour of some of the wards and departments. The afternoon was, undoubtedly, a success and, we hope, will produce more enlightenment of the problems of mental illness and the need for mental health in the community through the members of the clergy who attended this Conference.

"On the Spot".

FROM OUR POST BAG.

Dear Sir,

On behalf of the staff who participated in the Torquay Gastronomic Festival, I would like to thank the Hospital Committee, Mr. Hampshire and Mr. Siddall, without whose co-operation the success in Torquay would not have been possible.

(Mr) F. Marks,
Head Cook.

ART AND HANDICRAFT EXHIBITION.

An Exhibition will be held in the Recreation Hall on Wednesday, 19th July,1961, commencing at 2.15 p.m.

Art Section.

In this Section there will be three classes,namely:-

A. Oil Painting.

B. Water Colour Painting.

C. Drawing (in any pencils,pastels,pen and ink etc.)

Entries will be confined to patients only and must be their own work (NOT COPIED PLEASE). Competitors may submit up to three entries in each class. Non-winning entries of last year's Exhibition will be eligible for entry this year. Name,Ward,and Class, must be clearly written on the back of each entry,which should be submitted to the Art Mistress,Mrs. Milton,or Mr. C. Perry, on or before 2 p.m.,Tuesday,18th July.

Handicraft Section.

Any type of handicraft may be submitted,together with the name and ward of the competitor, and handed to Miss Groves, Senior Occupational Therapist, on or before 2 p.m.Tuesday,18th July.

The Patients' General Committee hopes that as many exhibits as possible in each Section will be forthcoming.

JACK'S JOTTINGS by Jack Phippen.

Now that the Football Season is practically at an end,all the patients who are interested in cricket, I hear, intend to support the Hospital C.C.

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Full marks to the organiser for considering the older patients in regard to the matinee cinema performance.

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Although I seldom see Mrs.Milton and Mr.C.Perry nowadays, I still find time for an occasional "Art Class" all on my own.

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It is quite interesting to note the rapid rate of progress on the new doctors' houses. I hear that the Editor and Mr. Curson are just longing for new quarters and to get away from their present 'cubby-hole'.

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I wish Queenie a Happy Birthday on 23rd May, and hope she may have a speedy recovery. Also, thanks to the staff of Molesworth Ward who put up with me on my frequent visits.

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We were interested to read of the recent marriage of the son of Mr.H.G. Hurrell, the Naturalist,who has visited us on many occasions.

THE HISTORY THAT LIES IN OUR GARDEN.

Should a New Zealander come to visit the hospital there can be little doubt that the Olearias, more than any other plant we have, would remind him of home, for in that strip of no-man's-land which divides the rich fertile plains from the hungry hills of N.Z. is the home of the Daisy Bushes - as they are commonly called. The name Olearia is a little misleading, as the shrub is no relation at all of the Olives. It is a member of the Compositae family, just as the daisy and dandelion. We have, as far as I can tell, three distinct forms. By the entrance between the South Gardens and St. Peters (where the latest development is just beginning) is the Olearia Haastii, the commonest form. It is not yet in flower. This shrub was brought to England only about 100 years ago by the Veitches of Exeter. Sir Joseph Hooker, who in the 1850's was sent to New Zealand to explore the possibilities of immigration, was captivated by its splendour and called it Olearia Eurybia, meaning "Mother of Stars", but the botanist finally called it Olearia Haastii in memory of Sir Julius Haast, a dintinguished scientist and explorer of the New Zealand Alps. Another variety is the Olearia Gunniana or stellulata (meaning star-like). There are several of these in the wildernesses surrounding the Marshall Clinic. The clusters of white daisy-like flowers are easily recognised. The Third variety is amongst the trees bordering what will be the entrance to the new pavilion. The Olearia macrodonta is not at all like the other two in that the leaves are, as the name suggests, toothed like holly. This shrub will flower in the summer, and while the other Olearias are pretty hardy in this part of the world O. Macrodonta will not withstand frost at all well.

Common though the Olearias are in one of the popular Dominions there are not very many to be found in this Country and what there are, are mainly in public parks and estates. Most of the varieties are easily identifiable in a collection of New Zealand shrubs to be found in the Torre Abbey Gardens. Like the majority of shrubs they are not difficult to grow and are not very particular about site or soil, but really fine specimens grow best where the soil is slightly acid.

F.R.H.S.

POETS CORNER

ROSES COME AGAIN

I know the Rose will bloom again,
As soon as it is June.
The Blackbird will return by then
To sing his merry tune.
I know the winter cold will pass,
The grey clouds change to blue,
But then I think my present woe
Will last my whole life through.
I view my little garden bare,
And smile from day to day,
I know the green will glisten there
As soon as it is May.
I face the winter brave of heart
I know that it will go,
But every little grief and smart
Makes my heart ache and me to groan.
If I can watch the winter's snow,
My gardens desolate, and smile because
Right well I know, if I would only wait,
The days of Spring will still return and
bring me back the Rose.
Have I not wit enough to learn
That time will cure my woes?

Submitted by Mrs. Rose Rundle, Moorhaven's Sunshine Lady.

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FORTHCOMING ATTRACTIONS AND EVENTS

Thursday, 11th May. Annual Patients' Skittle Competition. Commencing at 6 p.m. Make sure your ward is represented. Light refreshments.

Saturday, 13th May. Mr. Hedley Foot will be here in the afternoon on Nelson Ward at 2.50 p.m. with his popular programme of music. The Staff CRICKET Club will be playing the G.W.R.C.C. at 2.30 p.m. at the Cricket Field. Supporters very welcome! In the evening will be another of the popular GRAND LOTTO Sessions at 6.15 p.m.

Wednesday, 24th May. Staff Prize-Giving Dance. 8 p.m. to 12 midnight

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PATIENTS' CRICKET FIXTURES 1961 SEASON

June 1st .. .. .. Moorhaven v Exe Vale (A)
June 8th .. .. .. Moorhaven v Bodmin (H)
June 13th .. .. .. Moorhaven v Starcross (A)
June 29th .. .. .. Moorhaven v Starcross (H)
July 27th .. .. .. Moorhaven v Bodmin (A)
August 10th .. .. Moorhaven v Exe Vale (H)

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MOORHAVEN HOSPITAL STAFF SOCIAL CLUB - Tennis Section.

As the Tennis Season is with us again it is hoped that many more of the younger members of our staff will make use of the courts. Regular practice nights are held every Wednesday and Friday when both courts are for staff use only (See time-table in this issue.) Several matches have already been arranged with various clubs and we hope that our team will be strengthened this year by new blood which must be found if these clubs are to continue coming here. Our first match is at home to Buckfastleigh on Saturday, 20th May, 1961. To help us select a strong team, come along to the courts as soon as possible and show your skill. Balls are available from Mr. Crook in the Finance Department or the Deputy Chief Male Nurse's office.

ALLOCATION OF HOSPITAL TENNIS COURTS - Summer 1961.

	Priority	Court 1	Court 2
Monday	Moorfields	2-4 p.m.	-----
	All patients	--	6 - 7.30
	Staff from	4 p.m.	p.m.
Tuesday	Moorfields	2-4 p.m.	-----
	All patients	--	6 - 7.30
	Staff from	4 p.m.	-- p.m.
Wednesday	Marshall Clinic	2-4 p.m.	2-4 p.m.
	Staff from	4 p.m.	4 p.m.
Thursday	Marshall Clinic	2-4 p.m.	
	General patients	6 - 7.30 p.m.	ditto
Friday	Marshall Clinic/ Moorfields	2-4 p.m.	2-4 p.m.
	Staff from	4 p.m.	4 p.m.
Saturday	Staff from	1 p.m.	1 p.m.
Sunday	Patients	--	All day.
	Staff	All Day	---

Courts, Nos 1 and 2 are generally available to everyone in the mornings, except Sunday (Court No. 1 is the lower court).

IT IS ESSENTIAL THAT PLIMSOLES SHOULD BE WORN WHILST PLAYING, TO AVOID DAMAGE TO THE COURTS.

WHERE TO GO - TOTNES MUSEUM

Seventy Fore Street, Totnes was once the house of a well-do-do Elizabethan merchant and a few years ago there was a danger that it would be demolished. So a group of people, led by Mr. Masson Phillips, who is the president of Totnes Museum Society, stirred up civic pride and determined to save the house. With the help of a grant of £9,000, the house is being skilfully restored and part of it is already set up as an attractive museum.

It is open to the public from 10.30 a.m. to 5.30 p.m. on weekdays (but not Mondays), and at the price of 1/- for adults and 6d. for children is well worth visiting.

According to Dr. W. G. Hoskins, the Devon Historian, the house was built about 1560. It had 15 rooms, but this was not unreasonably large for Elizabethan times, when the merchant and his wife would have at least five or six children, their own parents and several apprentices and maids living in the house. He would also keep his stores of everything from silk to iron and sell them in a small shop on the ground floor.

********** B. GREENE.

PLYMOUTH CINEMAS

DRAKE: Sunday, 14th May. For seven days.

"MADISON AVENUE" John Andrews, Jean Craig.
"THE LITTLE SHEPHERD OF KINGDOM COME". Western.

A.B.C. ROYAL: Sunday, 14th May. For seven days.

"WHERE THE BOYS ARE" Connie Francis (A)
"THE GREEN HELMET" (U)

GAUMONT: Sunday, 14th May. For seven days.

"THE GRASS IS GREENER" Deborah Kerr, Cary Grant and Jean Simmons.

ODEON: Sunday, 14th May. For seven days.

"THE FACTS OF LIFE" Bob Hope and Lucille Ball
"OPERATION BOTTLENECK".